

# Stand Up for Safeguarding

## Adult safeguarding Dos and Don'ts for people who care

Positive Futures has zero tolerance for any form of abuse. We ensure that everyone we support, our staff, volunteers, Shared Lives Carers and HomeShare Hosts know what adult safeguarding and protection looks like, what to do should there be a concern, and how to **Stand Up for Safeguarding**. Here are some key tips.

### Dos

- ⇒ Respect the people we support, their lifestyle, decisions, choices and autonomy.
- ⇒ Expect to see the same level of respect towards the people we support from colleagues and others.
- ⇒ Look for every opportunity to encourage each person we support to have control in their lives.
- ⇒ Look out for signs from the people we support that they may be worried or have a problem we could help them with.
- ⇒ Know what the indicators of abuse are and look out for them.
- ⇒ Believe what people tell you when they talk about abuse.
- ⇒ Tell your manager if there is something *not quite right* even if you cannot identify what that is.
- ⇒ Keep your training up to date.
- ⇒ Intervene to stop abuse if you witness it.
- ⇒ Tell a manager about your concern immediately.
- ⇒ Participate in safeguarding processes when you are asked to.
- ⇒ Reassure the people we support that you are here to support them to get help when they need it.

### Don'ts

- ⇒ Go home when an “alarm bell” is ringing in your head.
- ⇒ Be afraid to err on the side of caution by reporting your concern.
- ⇒ Ignore potential indicators of abuse.
- ⇒ Accept abuse as “just part of their relationship” / “the way we work here” / “it doesn't cause any harm”.
- ⇒ Accept less for a person we support than you would for someone you love.
- ⇒ Forget your responsibility to safeguard and protect the people we support.
- ⇒ Underestimate the strength of our Values.