

SELF DIRECTED SUPPORT SERVICES

A Guide for Health &
Social Care Professionals



Advice



Staff Support



Direct Payments



Managing
Budgets



Reviewing
Support



POSITIVE FUTURES

ACHIEVING DREAMS. TRANSFORMING LIVES.

At **Positive Futures** we're positive about people with a learning disability, an acquired brain injury or autistic spectrum condition. Everything we do is **tailor made for individuals**. Our services make **a huge difference** to the people and families we support.

WHAT IS SELF DIRECTED SUPPORT?

Self-Directed Support, or SDS, is a new way that Health and Social Care **Trusts** can give individuals much greater choice, control and flexibility over the supports they receive. When the Trust agrees that someone needs social care support, the named worker will plan with the person and / or their family how the support will be provided. This means individuals and their families can choose the way they want to be supported – it is **personalised** to suit the person's unique needs and circumstances.

Individuals eligible for SDS will receive a personal budget which can be:

- taken as a **Direct Payment** (a cash payment in lieu of Trust provided services).
- taken as a **Managed Budget** (where Positive Futures, the Trust or another organisation holds the budget, but the individual is in control of how it is spent).
- a service arranged by the Trust.
- a mixture of all of the above.

HOW WE DELIVER SELF DIRECT SUPPORT



Advice



Staff Support



Direct Payments



Managing Budgets



Reviewing Support

Advice: For people who are not yet getting SDS, Positive Futures can offer advice about the different options available.

Staff Support: Positive Futures can help people with SDS get the support they want by providing dedicated staff who can meet their needs.

Direct Payments: People with Direct Payments can purchase support directly from Positive Futures.

Managing Budgets: Positive Futures can also manage SDS budgets for people ensuring they are in control of how their money is spent.

Planning & Reviewing Support: In addition to providing staff support, Positive Futures can also help people to plan and review the support they are getting in order to ensure they are getting the most out of SDS.

BENEFITS OF REFERRAL TO POSITIVE FUTURES

- The professionals who work with us know our person-centred focus and expertise in person-centred planning.
- We've been working with people funding the services they purchase from us since 2012.
- We listen to the people we support and provide solutions that work for them, their families and for you.
- Our leadership, knowledge and experience has been developed and demonstrated for over 20 years.



Join us on Twitter and Facebook

Mention us to your friends – the more followers we have on social media, the more we can spread the word about the services we offer for the people we support and the good news about the difference we are making to the people we support and their families across Northern Ireland.

If you have a Twitter account, you can follow us @PFTweets or find us at <https://twitter.com/PFTweets>

Find us on Facebook, too:
www.facebook.com/positivefutures95

If you would like more information:

To discuss how Positive Futures can help with Self Directed Support, person centred practice or personalisation please contact:

Anne Murphy, Project Manager
anne.murphy@positive-futures.net
028 9147 5720

POSITIVE FUTURES



Head Office

2b Park Drive, Bangor, BT20 4JZ
028 9147 5720

www.positive-futures.net



@pftweets



facebook.com/positivefutures95

Registered in NI as a company: No 29849.

Registered with The Charity Commission for Northern Ireland: NIC101385.