



POSITIVE FUTURES

**Find us on Twitter and Facebook**

Mention us to your friends – the more followers we have on social media, the more we can spread the word about the services we offer for the people we support and the good news about the difference we are making to the people we support and their families across Northern Ireland.

**Join the conversation:**

If you have a Twitter account, you can follow us @PFTweets or find us at [twitter.com/PFTweets](https://twitter.com/PFTweets)

Or find us on Facebook:  
[facebook.com/positivefutures95](https://facebook.com/positivefutures95)



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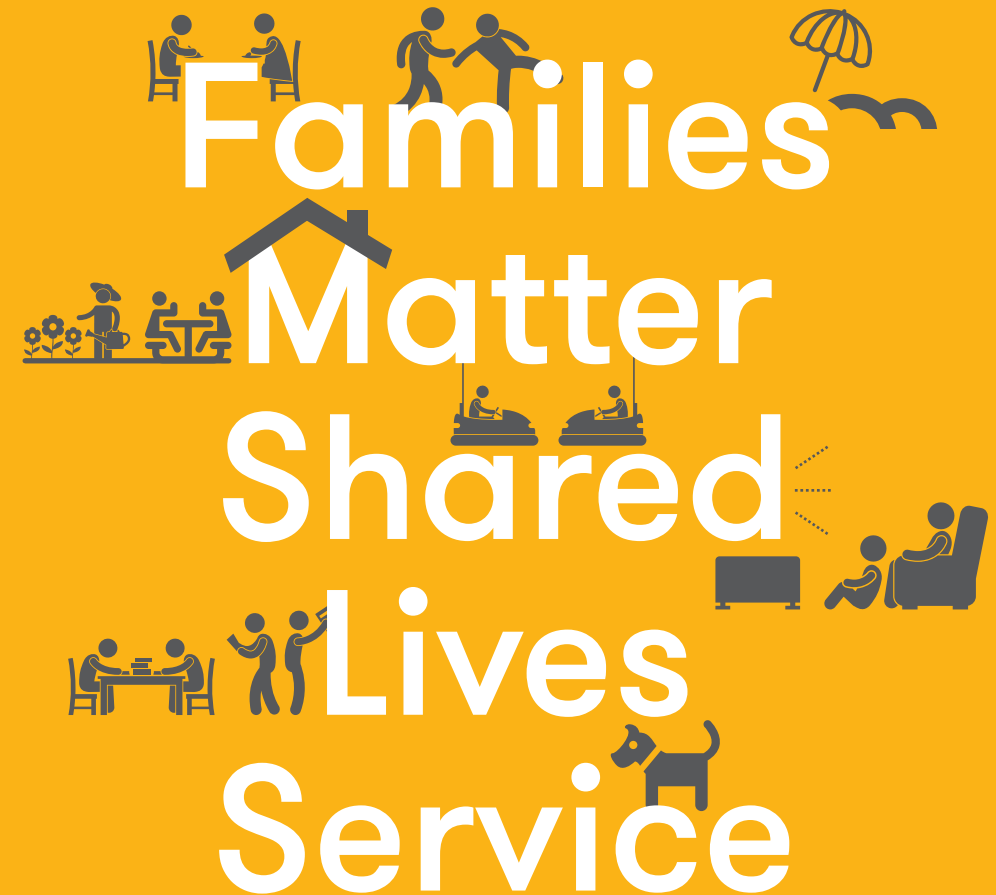
[www.positive-futures.net](http://www.positive-futures.net)

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Registered in NI as a company: No 29849.

Registered with The Charity Commission for Northern Ireland: NIC101385.



# Families Matter Shared Lives Service

**Let a shared lives carer help  
support your loved one.**

ACHIEVING DREAMS. TRANSFORMING LIVES.

[www.positive-futures.net](http://www.positive-futures.net)

# The Shared Lives Service enables adults with a learning disability, autistic spectrum condition or acquired brain injury to be supported by another volunteer family, or an individual volunteer for a short break or on a longer-term basis.

It enables individuals to have a break from their normal daily routine, providing them with new experiences and social interactions, with all the benefits that brings. The Service also provides a welcome break for their carers from their caring responsibilities.

## About us

Positive Futures is Northern Ireland's leading charity supporting people with a learning disability, acquired brain injury and autistic spectrum condition and their families.

Positive Futures has over 20 years' experience in delivering a wide range of person centred services to the people it supports across Northern Ireland.

We are positive about people. We believe in possibility not disability. We believe that people with a disability are people first and foremost, with dreams and ambitions and deserve to have the best life possible, living in and making a contribution to their local community. At Positive Futures we have a proven record in making this happen.



## Ordinary yet extra-ordinary!

Our Shared Lives Carers are ordinary people who have time in their lives and, where required, space in their homes to offer someone support. From permanent arrangements to weekend breaks and days out, each Shared Lives arrangement is unique, depending on what the individual needs and what the carer can offer.

In short, Shared Lives Carers provide an experience of family life for the person they support whilst that person is with them.

## Extra-ordinary people, extra-ordinarily well supported.

Shared Lives Carers come from all walks of life and are supported by the Social Workers in our Shared Lives Service. We ensure our Shared Lives Carers receive excellent training so you can be confident your loved one will be properly cared for and supported. Training and guidance continue throughout the Shared Lives Carer's time with us, with professional Social Work support provided in all aspects of the caring role.

Shared Lives Carers are not paid but an allowance is provided to cover essential expenses.

Positive Futures' Shared Lives Service is registered with the Regulation and Quality Improvement Authority. The service is delivered in line with best practice and regulatory requirements.

## Contact us

If you are interested in finding out more about the Shared Lives Service, we would love to hear from you:

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