

# Autism Outreach Service

for Children, Young People  
& their Families



Western Health and Social Care Trust Area

## What does this service do?

The Positive Futures Autism Outreach Service is for children and young people (aged 4–18) with an autistic spectrum condition who live in the Western Health and Social Care Trust (WHCST) area. **The service supports children and young people to help realise their dreams and ambitions** including participating in community activities. In so doing, parents get **a break from their caring responsibilities**.

Our Support Worker will visit approximately every 2 weeks (exact frequency will depend on individual need and resource availability).

How do I  
access the  
service for  
my child?

Access to the service is by referral from your Social Worker and is based on an assessment of need.

## Contact us

For further information contact  
Tracey Armstrong:

T: 028 6772 4700

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## Our Support Worker will:-

- Develop, alongside the child, or young person, and family, a person centred plan which will identify individual needs and aspirations and how these can best be met.
- Identify and support age appropriate social and play activities for children, using applicable developmental and sensory tools, in an individual or group setting.
- Support the development of social, communication, advocacy and life skills in young people.
- Provide opportunities for children, young people and parents to become more involved in the 'everyday' by accessing community activities and developing friendships.
- Provide parents with practical and emotional support as well as information and advice.
- Provide programmes of activities during school holidays which include siblings.
- Build resilience and peer support through the development of a parent network.

## About us

**Positive Futures is Northern Ireland's leading charity supporting people with a learning disability, acquired brain injury and autistic spectrum condition and their families.**

Positive Futures has over 20 years' experience in delivering a wide range of person centred services to the people it supports across Northern Ireland.

We are positive about people. We believe in possibility not disability. We believe that people with a disability are people first and foremost, with dreams and ambitions and deserve to have the best life possible, living in and making a contribution to their local community. At Positive Futures we have a proven record in making this happen.

### **Find us on Twitter and Facebook**

Mention us to your friends – the more followers we have on social media, the more we can spread the word about the services we offer for the people we support and the good news about the difference we are making to the people we support and their families across Northern Ireland.

### **Join the conversation:**

If you have a Twitter account, you can follow us @PFTweets or find us at [twitter.com/PFTweets](https://twitter.com/PFTweets)

Or find us on Facebook:  
[facebook.com/positivefutures95](https://facebook.com/positivefutures95)



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