

A LITTLE BIT
ABOUT
me...



My name is Tim Jones. I am 29 years old and am about 5 foot 11 inches.

I have a diagnosis of autism, epilepsy and a learning disability. I also have reflux and Raynaud's syndrome.

What people like and admire about me

- I am handsome, sociable, affectionate, and like to interact with others
- I have a good sense of humour

What is important to me?

- Spending time with my mum, brothers and aunt
- Going walking and swimming
- Having hand and foot massages
- Using a rocking chair and my weighted blanket when I am stressed
- Watching DVDs such as the Jungle Book, Minions, Spiderman, Mr Bean and The Waterboy
- Listening to music, particularly Olly Murs and Fleetwood Mac on my mobile phone
- Going for a drive
- Going to the park and beaches and having a picnic but only when it's not too busy
- Hugs sometimes if my mood is good
- Sometimes spending time alone in my room relaxing and watching DVDs
- My monkey teddy bear

I want to be supported by someone who is...

- Enthusiastic
- Kind
- Confident, patient and calm
- Good at communicating and who is not afraid to speak up
- Able to use visual aids, objects of reference and contextual cues to help me to understand better
- Willing to spend time to get to know and understand me